

**EVAN SCHIFF, M.D.**  
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE  
**HELENA GRABO, M.D.**  
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE

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36 EAST MAIN STREET, AVON, CONNECTICUT 06001  
PHONE (860) 677-5533 • FAX (860) 678-1305

**NEW PATIENT REMINDERS**

- For your New Patient Appointment to **Get Established** (not a physical), please arrive 15 minutes earlier than your scheduled appointment. If you are unable to keep your appointment, please kindly give us a 24-hour notice.
- Please select FORMS on our website [www.avonmd.com](http://www.avonmd.com) and fill out all *Registration Forms* complete with insurance information, *Records Transfer Request Form*, *Medical Information Release Form*, and *Patient Portal Registration Form*, as well as all required signatures. Please print out and **BRING THESE WITH YOU** to your appointment. Our HIPAA Policy is available for you in our office or at our website.
- Please fill out the **Records Transfer Request** form and forward it to your previous Primary Care Physician (PCP) to have your records transferred to this office.
- Please bring your **current insurance card(s) and driver's license or photo ID** to your appointment. Please **contact your insurance carrier** to inform them of your new Primary Care Physician (PCP).
- Please **be prepared to pay your co-pay**. If it applies, it is required for each visit - check, cash or credit card.
- Please bring a **list of your current medications** along with dose and instructions, or just bring the prescription bottles.
- You may eat and drink as normal on the day of your appointment.

We are located in Old Avon Village North on Route 44 across from the big rocking chair.

At this time we would like to welcome you to our office and look forward to meeting you. Should you have any questions, please feel free to call us.

Sincerely,

Evan Schiff, M.D. and Helena Grabo, M.D.